

Visit the Glass Slipper Boutique

at the Alton Dance Academy

Artistic Director: Ashley Dowling

Classes Begin: Saturday, September 9th

<u>Website</u> www.AltonDanceAcademy.com

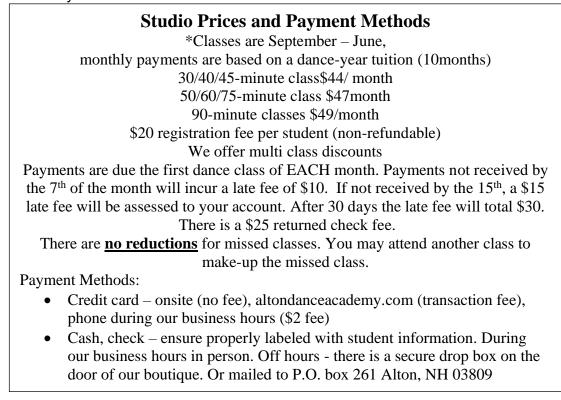
Dear Parents and Dancers,

For those returning and those brand new... **WELCOME** to the Alton Dance Academy – voted The Lakes Region Best Dance Studio for 4 years in a row! This packet has been designed to help make your experience here at the Alton Dance Academy a positive one. Please read this material at your earliest convenience.

We also offer great adult exercise classes including: Barre, Zumba® and Zumba Strong®, Senior Exercise, Senior Stretch. Please visit our website and 'like us' on facebook to keep up to date on news, events, studio closings, and much more. Make sure we have an up to date e-mail for notifications for studio events and reminders. I encourage each parent or guardian to come to the studio- we love to see you! I know we will all have a fantastic year- We Can't Wait!!!

It is our duty to instill a love and admiration for the arts in students of all ages. Through proper training and technique students will gain confidence, strength, flexibility, and a respect for their bodies. I look forward to meeting and dancing with each and every one of you.

Get ready for another fantastic year of dancing! Miss Ashley



Business Hours for accepting payments: Monday – Thursday: 3:15PM – 6:30PM Saturday 9AM – 11AM

Please do not leave children unattended in the waiting area and keep loud noises to a minimum- it is distracting to the teacher as well as the students.

Water is the only drink allowed in the studio. Please dispose of the bottles in their proper places.

As always, NO smoking, NO gum and NO food are allowed inside the studio.

No Running inside the studio.

The teacher decides upon placement of students. Students may belong in a class other than what they originally register for due to age, muscle structure, and technical ability. Thank you for your cooperation. We want the best for your dancer.

PLEASE NOTE

It is common for a child to spend a year or two in the same level. I, nor my staff, is willing to compromise this. We place children for their safety.

ATTIRE

Please see our website for a more detailed description of attire. NO COSTUMES PLEASE- they are meant for the stage, not for class use. Under the age of 6 tutu's are permitted. Leotards, tights, jazz pants, crop pants are all acceptable- check what you can wear for each class. The dress code is for the safety of all children and adults dancing. We need to see your muscles and their movements. Please label all footwear. Please see the instructor if

you have questions.

Boys: Athletic shirt and shorts. Black is preferable for ballet.

Hair

Please have all hair if long enough in a bun with loose pieces secured. Braids (secured) are acceptable as are french twists. Again this is for your safety. Please come prepared. "No bun no dance."

SNOW DAYS please call the studio. Even if school has been cancelled classes may still be held if the roads are safe by the afternoon. Any snow days can be made up in another class. If a class is missed repeatedly due to severe weather, a make-up may be scheduled during a vacation. I will leave a message on the answering machine about weather. If there isn't a message about cancellation then WE ARE HOLDING CLASSES.

<u>RECITAL-</u> the first costume payment of **\$50 per class** is due **November 1**st. The **remaining balance** will be due end of Jan. – Feb. Please let me know as soon as possible if your child will not be performing as the payment is non-refundable. The costume **MUST BE PAID FOR IN FULL IN ORDER TO RECEIVE IT.**

THERE WILL BE NO CLASSES ON:

COLUMBUS DAY Oct. 9th THANKSGIVING BREAK – Nov. 22nd – 26th CHRISTMAS BREAK - Dec. 22nd – Jan. 1st FEBRUARY VACATION – Feb. 26th – March 3rd APRIL VACATION – April 22nd – 228th MEMORIAL DAY- May 27th Recital - To Be Determined after Prospect Mountain decides on graduation (April break)

ARTISTIC DIRECTOR/ OWNER

Ashley Dowling – has been dancing since the age of 3 and was trained at the Dalton Ballet Studio in Dalton, MA. She danced lead roles such as Ariel in "The Little Mermaid", Captain Hook in "Peter Pan", and the Wicked Witch of the West in "The Wizard of Oz". Upon graduation she continued her dance studies at Dean College School of Dance in Franklin, MA where she received her A.A. Degree. She choreographed many student productions and performed in the community. Pursuing her career Miss Ashley went on to Mount Holyoke College and received her B.A. Degree in dance. There she taught dance in places such as Elementary schools, Nursing homes and Jails. She has taken master classes with performers such as Merrill Ashley, Marta Renzi, Charles and Rose Flachs, Lydia Clarkson, Ethan Steifel and Denise Jefferson. She has studied with Constance Valis- Hill, Rebecca Nordstrom, and Amie Dowling. Her teaching experience has included Pittsfield High School (MASS). Dalton Ballet Studio, Terpsichore Studio, Berkshire Pulse, and Flowering Child Performing Arts School and Simon's Rock College of Bard. Miss Ashley also founded the Pittsfield (MASS) High School dance team, has received numerous dance awards such as the Henry Houston Award, and has competed in the Massachusetts Junior Miss competition as Berkshire County's Junior Miss, after winning the title Dalton Winter Carnival Queen. Her choreography has been seen many places including the famed Jacob's Pillow in Massachusetts.

She has choreographed many full scale productions, and looks forward to creating many more. Her choreography has received many standing ovations for style, creativity and excitement. She is a member of the Artists for Action council and most recently a member of the National Association of Dance Educators. In becoming a member of the National Dance Educators she has made the Alton Dance Academy the first studio in NH to induct dancers into the national honor society specifically for dance. She and her husband Ryan have two children Kytalin and Turner. In 2015 she was nominated for NH Business Women of the Year. Miss Ashley has made it her passion to inform all ages and abilities about dance as a technique and an art form.